



ISLINGTON

Education Department

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Dear parents and carers

Important information: Swine Flu at Kate Greenaway Nursery School and Children's Centre

I am writing to you because we have two cases of children becoming unwell and being prescribed Tamiflu. Following national and local advice, the nursery school and children's centre will remain open as usual. We will continue to follow the national guidance on good hygiene practice, which is:

- Covering your nose and mouth when coughing or sneezing, using a tissue when possible.
- Disposing of dirty tissues promptly and carefully.
- Washing your hands frequently with soap and water to reduce the spread of the virus from your hands to your face or to other people.
- Ensuring children follow this advice.
- Cleaning hard surfaces (such as door handles) frequently using a normal cleaning product.

We also need your help with this. It is very important that if your child seems unwell, unusually tired, has a cough or sore throat, or has a high temperature, that you keep your child at home. If your child comes to nursery and shows flu-like symptoms you will be asked to take them home immediately.

If your child does become ill in nursery then it is very important that you come straight away to pick your child up.

I understand how difficult it is to balance work and having young children. However I am sure you will see that if sick children come into nursery, or stay around when they are sick, the virus will spread to other children and also to staff. We will do everything we can to stay open throughout the winter, and if you support us I am sure we can manage this together.

It is also an unhappy experience when children are in nursery when they feel unwell.

Please have a look at the information on the back of this letter as well. If you have any questions, then please feel free to come and talk to me, phone me or email.

Julian Grenier, headteacher

SWINE FLU

Important notice



Do you think your child has swine flu?

Do they have a **high temperature** (38°C or above) and **two or more** of the following symptoms?

- Cough or shortness of breath
- Loss of appetite
- Aching muscles
- Runny nose/sneezing
- Diarrhoea/vomiting
- Tiredness
- Limb or joint pain
- Sore throat
- Headache

If so, please do not bring them in!

Please take your child home and contact either:

The National Pandemic Flu Service

www.pandemicflu.direct.gov.uk

Tel: 0800 1 513 100/Minicom: 0800 1 513 200

OR your GP if

- Your child is under 12 months old
- Your child has underlying health problems
- Their condition is still getting worse after five days
- Their condition suddenly gets much worse at any time



Swine flu is generally mild and most people recover at home.

For more information on swine flu visit www.nhs.uk or www.hpa.org.uk